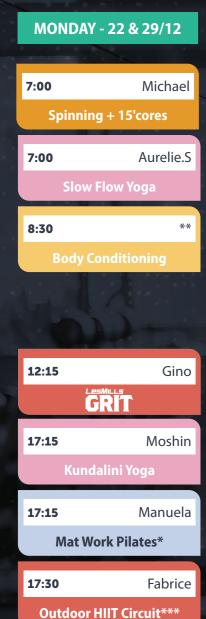
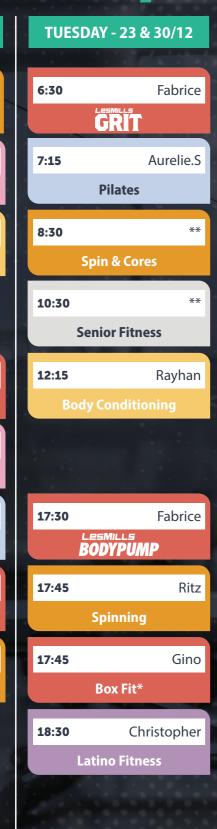


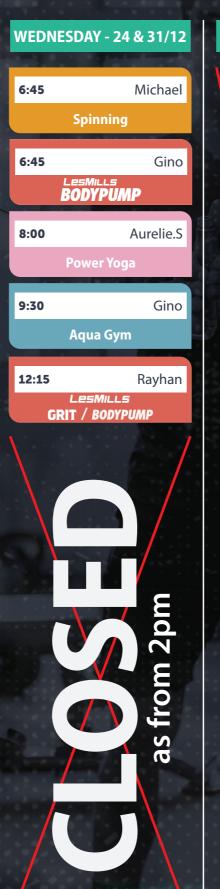
EOY holidays - Timetable



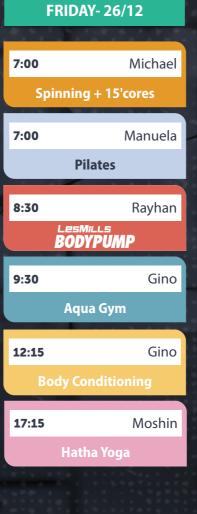
SUNDAY - 28/12

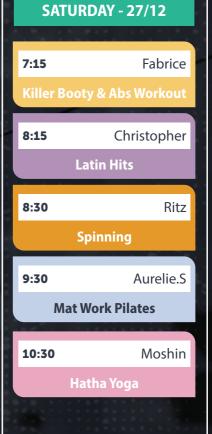














- STRENGTH & CONDITIONING PILATES
- DANCE / ZUMBA
- SPINNING
- AQUA GYM
- HIIT WORKOUT
- YOGA / MEDITATION
- SENIOR FITNESS
- KIDS CLASSES
- * SMALL ROOM (9 pax only)
- **** COACH SUBJECT TO CHANGE EVERY WEEK**
- *** TENNIS COURT

17:45

Michael

Spinning





